

Beetroot Chicken Sandwich



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Serves: 4



Prep & Cook Time: 15 minutes

Ingredients

Beetroot Apple Slaw:

1/4 cup (38 g) beetroot, shredded
1/4 cup (38 g) apple, shredded
2 tsp (10 ml) apple cider vinegar
1 tsp (5 ml) whole grainy mustard
1 tsp (5 ml) fresh dill, minced
1 tsp (5 ml) honey
1 tbsp (15 ml) olive oil
salt and pepper

Assembly:

4 brioche buns
4 Reuven Oven Roasted Chicken Breast 90g
(Product Code 11590)
1/2 cup (125 ml) beetroot apple slaw
3 tbsp (45 ml) dill mayo
3 oz (85 g) havarti cheese, sliced

Preparation Instructions

Beetroot Apple Slaw: In a large bowl mix together mustard, vinegar, honey and oil. Toss in beetroot, apple and fresh dill, season with salt and pepper to taste.

Assembly: Prepare Oven Roasted Chicken Breasts according to package directions. Once heated top each breast with havarti cheese. Toast the buns and build your sandwiches starting with the bottom bun. Layer half with dill mayo, Beetroot Apple Slaw, Oven Roasted Chicken Breast topped with havarti cheese, additional dill mayo (optional) and top with remaining bun half.

