



Karaage, Japanese Inspired Breaded Chicken

Made from fresh never frozen chicken leg meat. Hand cut, seasoned in a traditional Japanese marinade, lightly coated in batter & breading. Excellent as an appetizer or as an ingredient.

- Halal Certified • Fully Cooked

Reuven Code: **10610** Sysco Supc: **4064758**

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	250	15 g	3.5 g	0.1 g	60 mg	390 mg	15 g	14 g

Pack Size: **4 kg** Piece Size/Count (Avg.): **20g/200**



Frenched Chicken Wing Drumettes

Premium wing offering, perfect for caterers, banquet halls, upscale and casual dining. Consistent piece weight, uniform plate appearance. Neutral seasoning, versatility in flavourings.

- Gluten Free • Halal Certified • Fully Cooked

Reuven Code: **35350** Sysco Supc: **3314384**

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	200	13 g	3.5 g	0.1 g	105 mg	290 mg	1 g	20 g

Pack Size: **4 kg** Piece Size/Count (Avg.): **37g/100-120**



Breaded Chicken Breast Bites

You can use them in your favourite dish or on their own as an appetizer. Made from fresh never frozen chicken breast meat. Hand cut, lightly seasoned & coated in a southern style breading.

- Halal Certified • Fully Cooked

ReuvenCode: **10571** Sysco Supc: **4064741**

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	230	12 g	2 g	0.1 g	45 mg	600 mg	16 g	16 g

Pack Size: **4 kg** Piece Size/Count (Avg.): **9g/440**



Oven Roasted Chicken Breast 90 g

Consistently sized, each chicken breast weighs approximately 90 g. Convenient, hand trimmed, always moist and tender with a delicious oven roasted flavour.

- Gluten Free • Halal Certified • Fully Cooked

ReuvenCode: **11590** Sysco Supc: **7777125**

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	100	1 g	0.3 g	0 g	65 mg	350 mg	2 g	22 g

Pack Size: **4 kg** Piece Count (Min.): **40**



Plain Steamed Broiler Wings

Conveniently packed and consistently sized for exact portions. Straight from your freezer to the fryer, these tender and delicious wings are ready in under 5 minutes.

- Gluten Free • Halal Certified • Fully Cooked

Reuven Code: **35001** Sysco Supc: **3435685**

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	180	11 g	3 g	0.1 g	90 mg	600 mg	4 g	15 g

Pack Size: **4 kg** Piece Count (Avg.): **100-130**

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Low Sodium Chicken Breast 90 g

Consistently sized, hand trimmed, each chicken breast weighs approximately 90 g. A healthy choice, low in fat, low in calories and extra lean meat. 100 mg of sodium per 90 grams.

- Low Sodium • Gluten Free • Halal Certified • Fully Cooked

Reuven Code: **10827** Sysco Supc: **8839419**

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
90 g	110	2 g	0.5 g	0 g	85 mg	100 mg	0 g	25 g

Pack Size: **4 kg** Piece Count (Min.): **40**



Oven Roasted Chicken Breast Strips

Mildly seasoned, moist and tender. Strips are hand cut from whole chicken breasts, and are oven roasted to bring out natural golden highlights and a delicious flavour.

- Gluten Free • Halal Certified • Fully Cooked

Reuven Code: **11102** Sysco Supc: **4968907**

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	110	1 g	0.4 g	0 g	60 mg	360mg	2 g	22 g

Pack Size: **4 kg**



Battered Chicken Breast Chunks

Seasoned and coated in a light crispy Tempura batter. Juicy and tender. Consistent sizing, hand cut pieces: uniform size reduces cooking time. convenient to use, cost competitive and zero trans fats added.

- Halal Certified • Fully Cooked

Reuven Code: **10500** Sysco Supc: **7178443**

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	160	6 g	1 g	0 g	40 mg	480 mg	10 g	16 g

Pack Size: **4 kg** Piece Size/Count (Avg.): **15-30g/175-225**



Dusted Chicken Breast Chunks

Low Sodium for health conscious diets. Crispy, juicy and tender, lightly seasoned and flour dusted. Hand cut pieces made from fresh whole chicken breasts.

- Low Sodium • Halal Certified • Fully Cooked

Reuven Code: **10540** Sysco Supc: **7657515**

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	180	8 g	1.5 g	0 g	45 mg	80 mg	8 g	20 g

Pack Size: **4 kg** Piece Size/Count (Avg.): **7g/500-550**



Breaded Mini Fillets

Tender and moist Mini Fillets are reason enough to throw a party. Hand cut inner fillet provides more customer satisfaction per bite. Made from 100% boneless chicken breast inner fillet, breaded & lightly seasoned.

- Halal Certified • Fully Cooked

Reuven Code: **10512** Sysco Supc: **0738049**

Serving Size	Calories	Fat	Sat. Fat	Trans	Cholesterol	Sodium	Carbs	Protein
100 g	216	9 g	1.5 g	0 g	35 mg	370 mg	19 g	15 g

Pack Size: **4 kg** Piece Size/Count (Avg.): **25 g/145-165**

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