

# Low Sodium Chicken Breast

Fully Cooked!

29% less sodium than government low sodium standard!  
Reuven's fully cooked, low sodium boneless, skinless chicken breast is made from fresh whole muscle chicken breast.



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# Low Sodium Chicken Breast

## Fully Cooked!

Lightly seasoned with NO added salt.  
Fully cooked and grill-marked, this product is ideal for healthcare environments.  
Simply defrost, heat and serve.

PRODUCT CODE	CASE SCC	PIECE COUNT (MIN.)	PACK SIZE	PACK FORMAT
10827	10628269108274	40	4 kg	2 x 2 kg
STORAGE	CASE DIMENSIONS	PALLET CONFIGURATION	CASE CUBE	GROSS WEIGHT
18 months kept frozen at -18°C	13.1"L x 8.7"W x 6.3"H 33.3cm x 22.2cm x 16.1cm	15/10	0.42 cubic feet (11902 cm <sup>3</sup> )	4.24 kg

### PREPARATION

**1** Pre-heat conventional oven to 200°C (400°F), heat thawed pieces for 8-10 minutes

**2** Microwave 1 piece (90 g), heat thawed piece on HIGH for 1 minute

HEAT THOROUGHLY TO AN INTERNAL TEMPERATURE OF 165°F (75°C). INDIVIDUAL APPLIANCES VARY; THESE ARE GUIDELINES ONLY

### IDEAL FOR

- Restaurants, Deli Counters, Hospitals and Long Term Care
  - Low sodium diets
  - Healthy menu options

### FEATURES

- **WHOLE MUSCLE**
- Consistently sized: each breast weights an average of 90 g
  - IQF frozen and conveniently packed
  - 25 grams of meat protein per 90 gram serving

### BENEFITS

- Low sodium: only 100 mg per 90 g serving
- Fully cooked, no need to deal with raw chicken, simply defrost, heat and serve.
  - No added trans fat
    - Gluten Free
    - Halal Certified
  - Excellent source of protein
  - Low fat, Extra lean meat

Nutrition Facts Valeur nutritive	
Per 90 g / par 90 g	
Amount Teneur	% Daily Value % valeur quotidienne
<b>Calories / Calories 110</b>	
<b>Fat / Lipides 2 g</b>	<b>3%</b>
Saturated / saturés 0.5 g + Trans / trans 0 g	<b>3%</b>
Polyunsaturated / polyinsaturés 0.4 g	
Omega-6 / oméga-6 0.4 g	
Omega-3 / oméga-3 0 g	
Monounsaturated / monoinsaturés 0.7 g	
<b>Cholesterol / Cholestérol 85 mg</b>	<b>28%</b>
<b>Sodium / Sodium 100 mg</b>	<b>4%</b>
<b>Potassium / Potassium 270 mg</b>	<b>8%</b>
<b>Carbohydrates / Glucides 0 g</b>	<b>0%</b>
Fibre / Fibres 0 g	
Sugars / Sucres 0 g	
<b>Protein / Protéines 25 g</b>	
Vitamin A / Vitamine A	<b>0%</b>
Vitamin C / Vitamine C	<b>2%</b>
Calcium / Calcium	<b>0%</b>
Iron / Fer	<b>0%</b>

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|---------------------------------|----------------|
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| • Saskatchewan (Tri-Elite)      | (306) 539-6117 |
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